

Deddington and Parish Covid-19 Response Team

Newsletter #06– 1st May 2020

This edition is on-line only

Deddington, Hempton and Clifton – Together, Apart!

See map below for your zone and the contact details of your zone captain

Please contact your zone captain if you need any help

Who are we?

We are the Deddington and Parish Covid-19 response team – a group of local volunteers.

We are organised into zones covering Deddington plus a team in each of Clifton and Hempton. Zones are shown on the map below.

Please call us if you need help or information.

This might be to collect shopping or prescriptions, or just for information.

There are well over a hundred volunteers throughout the parish supporting the zone captains and parish council – many thanks to all.

Healthcare

Delmergate: All prescriptions for the over 60s are being delivered automatically and all those on the Government 'Shielding' list. If you are not in these groups, but need assistance getting your prescriptions, please notify your zone captain.

Opening hours: 9-1, 3-6:30, Mon-Fri. Tel 337583

Deddington Health Centre: Tel 338611. For repeat prescriptions call 338847 (10-3, Mon-Fri) and please leave a message as paper copies are no longer accepted.

Anyone on the previous DHC delivery system will continue to get deliveries, anyone on the government shielding list who does not have family, friends or volunteer to collect for them can contact the Dispensary on 338862 and delivery will be arranged.

Patients in Hempton or Clifton who ordinarily collect, but now need a prescription delivery, please notify your Zone Captain. Delivery day is Friday.

Dentists: no appointments at present; in an emergency ring your usual practice for advice.

Food Shopping

Co-op: Open 7am-9pm (8-8 on Sunday). VIP Hour 9.30-10.30. Telephone orders can be taken, card payment over the telephone. Zone captains can arrange delivery for those isolating. Tel: 336281

Eagles: Telephone orders taken, payments over the phone. Tel: 338500.

Foodies: Fresh bread, local farm eggs, pasta, rice, flour; also take away hot drinks & deli sandwiches. 10-3 daily. Tel: 337470

Sainsbury's: Open to NHS & Social Care staff on Mon-Sat at 7:30 (30 mins before public opening). Priority shopping from 8:00-9:00 Mon, Wed & Fri.

Morrisons: Will deliver for elderly, vulnerable and self-isolating people ONLY. 0345 611 6111 option 5.

If you are unable to leave home and need shopping from the supermarket, please call your zone captain, we are here to help you! It's that simple.

Fenemore Farms Micro Farm Shop, in Clifton, is open daily (8-5:30) for frozen lamb, honey, eggs, milk plus pasta, various flours (including GF) and yeast. Also bedding plants from UGM nursery. Cash or cheque only. Tel: 07917 795207.

Deddington Farmers Market: Whilst the Market sadly cannot go ahead at this time, many of the stall holders are providing delivery services. See www.deddingtonfarmersmarket.co.uk for details.

Rob Hill, the fish man from Grimsby, is back opposite the Co-op every Thursday from 1.45-2.30. Cash only. Ideally place orders in advance at robhill74@me.com or 07578 195979 (leave text or voicemail)

Communications

Newsletter – this newsletter is produced approximately weekly to keep you up to date.

Deddington News has been published on-line only this month – find it at deddington.org.uk.

Deddington on line – look on our local information website deddington.org.uk for more information

Facebook (search “Deddington Response”) for up-to-date information, this weekly newsletter and links to useful sites. For general local news and comments see *Deddington Community Notice Board*

VE Day celebrations: obviously cannot go ahead as planned - see deddington.org.uk for revised arrangements and lots of activities for children (and adults!)

Eating

Bengal Spice: High Street: Indian takeaway. - Tel 337733/337799. Open every day except Tuesdays. Open 5.30pm - Last Orders 9.30pm.

Pets

Crofts: A pet food delivery service by our volunteers is collected weekly from Crofts, Banbury. Phone Crofts with your order on 01295 250131, you can pay over the phone and leave your address and it will be delivered the following Friday. Any concerns phone Bea (337717).

Vets are generally running an emergency service only; ring your usual vet if needed.

Animal vaccinations: Hook Norton Veterinary Group have a vaccine clinic on Monday morning May 4th – booked appointments only. To book email reception@hooknortonvets.co.uk or call 01608 730501.

Shops

The Flower Shop can now deliver locally, order by 3pm Tues. amanda@theflowershoppededdington.com

Cyclogical is open 9:30-4 for all things bicycle!

Foodbanks

Banbury Food Bank – Tel: 01295 661304 or email info@banbury.foodbank.org.uk

Bicester Food Bank – Tel: 01869 321806 or email info@bicester.foodbank.org.uk

Community Connect (Citizen’s Advice)

Support and guidance on how to keep well at home, what support is available and how to manage anxiety, debt and money advice. www.canosn.org.uk Tel: 0300 004 0401

Other help services

Childline: 0800 1111

Samaritans: 116 123

Domestic Abuse Hotline: 0808 2000 247

The Survivors Trust: 0808 801 0181

Oxfordshire Mind: 01865 247788

Age UK: 0800 169 6565

Bonfires

Current guidance is that we should **not** light bonfires while the pandemic continues. Smoke can pose a risk to people’s health, so avoiding fires will reduce the chance of people having their airways affected and avoid further burden on the NHS.

Food Bank

The Food Bank donations trolley is the porch of Deddington Church so that we can continue to support the work of the Banbury Food Bank. Please be generous if you can and leave donations of food which is not perishable, that is, tins, packets etc within their use by date, and not fresh food, fruit or vegetables. Many thanks, Rev Annie

Deddington Covid Archive

A new online Covid-19 archive is being set up. See deddingtonhistory.uk/covid-19pandemic2020

We’d also very much like photographs showing Deddington parish in lockdown. Please email them to Mary Robinson at robimary@gmail.com.

STAY HOME – PROTECT THE NHS – SAVE LIVES

Please respect the government and NHS guidelines:

STAY AT HOME except to buy food, go to work or take exercise once a day, locally
Above all, use SOCIAL DISTANCING – that’s the only way we will beat this virus

Spread the Word – not the Virus. Fighting Covid -19 as a community. Use 999/111 for emergencies

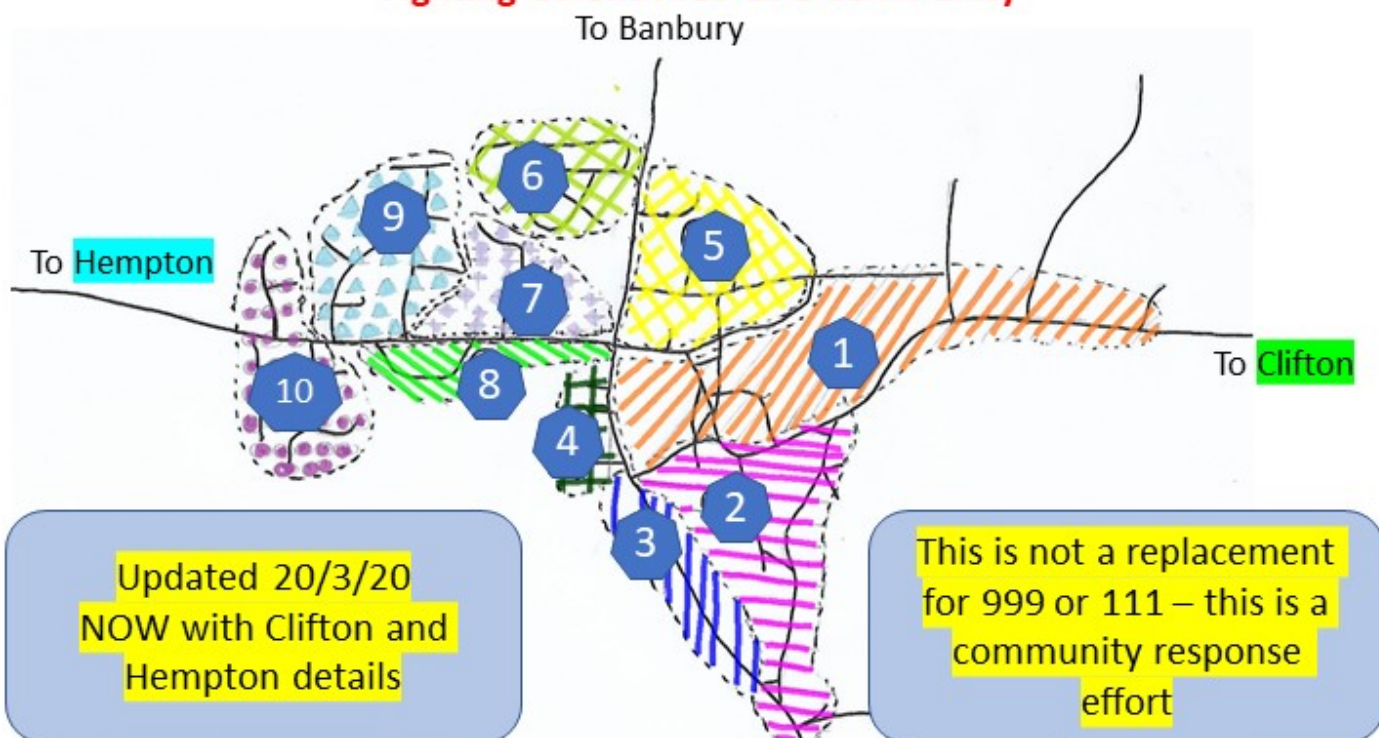
Deddington COVID-19 Response

Quarantining or self isolating? There is support for you!

Need some help or know someone who does?

Deddington Community Volunteers have got you covered. Need supplies or prescriptions, dog walking or just some advice and someone to talk to – then call your Zone Captain.

Fighting Coronavirus as a Community



Zone	Captains	Contact Number
Zone 1	Mark Adams	01869 338902
Zone 2	Maddie Bonvin	07734 791728
Zone 3	Julia Cork	07881 438930 or 337546
Zone 4	Heather & Tim Darwall-Smith	07780 605822 or 336934
Zone 5	Annie Goldthorp	07795 691927 or 336880
Zone 6	Ben and Philippa Carson	07562 997546 or 228675
Zone 7	Harriet Palin	07760 256125 or 338850
Zone 8	Al Kitchen	07989 399054 or 337548
Zone 9	Jenny and Clive Snashall	07761 828066 or 337406
Zone 10	Jen Childs	07774 608715
Clifton	Tei Williams and Ian Willox	01869 337940
Hempton	Janet and Jonathan Watts	07825 172600 or 337135
All Zones	BEATRICE MALONEY	07957 655095 or 337717